

Converse MMFT Transgender Affirming Therapy Statement

The MMFT Core Faculty would like to express our support for the Transgender community.

As practicing therapists, we view Transgender Affirming and Gender Affirming Care as the most ethical therapeutic approach when working with clients. Following the Standards of Care guidelines created by the World Professional Association for Transgender Health is essential when working with clients and as supervisors.

A message from Dr. Thomas that was shared via AAMFT,

"As systemically trained therapists, it is our ethical duty to provide evidenced-based practices when working with Transgender and Queer clients, to advocate against systemic injustices, and ensure that as MFTs, we can create a space that allows clients to show up as their authentic selves. Current bills being proposed throughout the country challenge this ability, AAMFT's ethical codes, and the safety of our clients. MFTS must stay informed and advocate to ensure we can provide best practices."

We encourage students, clinical supervisors, and alumni to uphold the ethical code and practice benevolently. Additionally, we encourage the MMFT Department Family to advocate for the Transgender community and work to show support and solidarity. Discrimination concerning any client group will not be tolerated or practiced by students or faculty affiliated with Converse University.

Below are resources from AAMFT and WPATH:

Statement from the American Association of Marriage and Family Therapy: <u>https://blog.aamft.org/2023/06/aamft-statement-on-anti-transgender-legislation.html</u>

Resources:

https://www.aamft.org/AAMFT/ENHANCE_Knowledge/Transgender_Resources/enhance_knowledge/Transgender_Resources.aspx?hkey=8d59a121-b666-4937-a4e9b60dfb388688#/legislators/

https://www.tandfonline.com/doi/pdf/10.1080/26895269.2022.2100644