

CURRICULUM VITAE

January 2023

ANNIKA MARSHALL, PhD, LMFT-A, CFLE

Assistant Professor and Associate Clinic Director
Marriage and Family Therapy Department
Converse University

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I. EDUCATION AND CERTIFICATIONS

- Present South Carolina Licensed Marriage and Family Therapy Associate (LMFT-A; #7661)
Supervisor: Dr. David Heatherly
- Present AAMFT Approved Supervisor in Training | Supervisor: Dr. Kelly Kennedy
- Present Certified Family Life Educator (CFLE) National Council on Family Relations
- May 2020 PhD., Human Development and Family Science
University of Georgia
Dissertation: An Examination of Racial Ideologies and Dialogue about Racism Among
White College Students
- May 2016 M.A., Clinical Psychology with an Emphasis in Marriage and Family Therapy
Pepperdine University
- May 2014 B.S. Psychology | B.A. Family Study
Weber State University

II. TEACHING

Converse University

Table 1. Graduate Level Courses in Marriage and Family Therapy

Date	Course
Spring 2023	MFS 683 Pre-Clinical Practicum (n=14)
Spring 2023	MFS 639 Advanced Models I (n=14)
Spring 2023	MFS 635 Advanced Models II (n=16)
Win/Jan 2023	MFS 648-C Practicum (n=7)
Fall 2022	MFS 648-B Practicum (n=7)
Fall 2022	MFS 661 Basic Techniques (n=14)
Fall 2022	MFS 643 Cultural Competency (n=12)
Spring 2022	MFS 635 Advanced Models II (n=8)
Spring 2022	MFS 639 Advanced Models I (n=12)

Spring 2022	MFS 683 Pre-Clinical Practicum (n=12)
Win/Jan 2021	MFS 648-C Practicum (n=7)
Fall 2021	MFS 648-B Practicum (n=7)
Fall 2020	MFS 643 Cultural Competency (Section I =12; Section II=13)
Summer 2021	MFS 648-A Practicum (n=7)
Spring 2021	MFS 635 Advanced Models II (n=7)
Spring 2021	MFS 639 Advanced Models I (n=9)
Spring 2021	MFS 683 Pre-Clinical Practicum (n=7)
Win/Jan 2020-21	MFS 648-D Practicum (n=6)
Fall 2020	MFS 643 Cultural Competency (Section I =16; Section II=13)
Fall 2020	MFS 648-C Practicum (n=7)
Fall 2017	UGA - HDFS 3700 Adole. Develo. (Co-Instructor; n=33)

Continuing Education Seminars (CEU)

Date	Information	Title
March 2021	EMERGE Family Therapy & Training Clinic 2021 Lunch & Learn Series (1 CEU)	Family Systems Perspectives on Psychotic Illnesses
July 2021	EMERGE Family Therapy & Training Clinic CEU Series (3 CEUs)	A Conscious Mindset: How Prejudices & Power Influence Therapy & What to Do
March 2022	EMERGE Family Therapy & Training Clinic 2022 Lunch & Learn Series (1 CEU)	Couples Therapy

Invited Lectures and Presentations

Date	Course or Platform	Topic
Dec 2022	PRISMA Health Psychiatry Residents Program	Systemic Family Therapy
Nov 2022	Piedmont Health Directors Board	Cultural Humility and Language
Oct 2021	Pepperdine University Clinical Psychology Program	Alumni in Mental Health
Feb 2021	World Explorers Group Presents: "Tough Talk Tuesdays"	How to Talk to Children About Race and Racism
Jan 2020	UGA HDFS 4350: Civil Discourse	Community Engagement
Jan 2020	UGA HDFS 8950: Prevention Science	Intimate Partner Relationship Research
Jan 2020	UGA HDFS 4300: Diversity in Human Development and Family Systems	Interracial Relationships
Sep 2019	Converse College MFS 643 Cultural Competency	Whiteness and White Racial Identity Development
	Converse College MFS 647: Research Literacy in MFT	Mixed Methods Research and the Study of Racial Inequalities
Jan 2019	UGA HDFS 4330: Diversity in Human Development and Family Systems	Our Experiences of Diversity and Acceptance in Our Lives
Nov 2018	UGA COMM 3700: Empirical Research Methods in Communication	Mixed Methods Research and the Study of Racial Prejudice
Oct 2018	UGA HDFS 3300: Adolescent Development	Racial Identity Development in

Oct 2018	UGA HDFS 3300: Adolescent Development	Adolescence
Sep 2018	HDFS 8910: Current Research & Issues in HDFS	Autonomy in Adolescence
Sep 2018	Converse College MFS 643: MFS 643 Cultural Competency	Successful Thesis Writing Racial Socialization and Privilege

Tutoring and Student Support Services

Date	Course / Topic	# Students
2021	MFT National Exam	9 (100% Pass Rate)
2022		2 (100% Pass Rate)
Fall 2015	PEP PSY 627 Couple and Family Therapy II	4
Fall 2013	WSU PSY 1010 Intro to Psychology	5
Fall 2013	WSU CHF 2990B Seminar in Family Studies*	2
Spring 2012	WSU CHF 3650 Family Processes*	2

*Worked as a peer note taker for deaf students and provided course support staff for ESL students.

III. SERVICE

- **Prisma Health and EMERGE Faculty Representative and Site Supervisor.** Established a clinical partnership with the Prisma Health Residency Program to oversee Converse University MFT students (n=2 annually) to participate in a bidirectional learning process with the aim of “bridging the gap between psychiatry and family systems mental health services.”
 - *2 Years of Service*
- **Converse University Faculty Development Committee.** Responsible for reviewing faculty grant applications for travel and participating in faculty meetings with a team of representatives.
 - *2 Years of Service*
- **MMFT Inclusion and Diversity Faculty Representative.** Responsible for coordinating and attending MMFT Inclusion and Diversity monthly meetings with current MMFT students and engaging students in community outreach, service opportunities, and cultural humility learning processes to develop their capacities to serve marginalized and minoritized individuals, families, and communities.
 - *2 Years of Service*
- **Social Media Manager @converse_mmft.** Responsible for posting ongoing content related to the Converse University MMFT Program.
 - *1 Year of Service*

IV. CLINICAL

2021-pres. Greenville Couples Therapy, LLC. Private Practice Owner and Therapist

Under the supervision of Dr. David Heatherly, I provide therapy services through my Private Practice, Greenville Couples Therapy, LLC. I serve individuals, couples, and families experiencing a range of clinical diagnoses and relationship challenges (<http://gvlcouplestherapy.com>). I offer a non-judgmental and authentic healing space to talk through the most difficult parts of life. My philosophy centers cultural sensitivity by considering a person in the contexts of their intimate relationships and broader society. I work with my clients to process problems, find hope, and create relationships my clients truly want in

their lives. As part of my service, I provide pro bono and reduced cost therapy services to clients in financial need.

2020-2022 EMERGE Family Therapy & Training Clinic. Clinical Fellow Post Degree Institute

Under the supervision of Dr. David Heatherly and Fellow Clinical Director Julie Dillon, EdS, LMFTS, RPTS, AAMFT Approved Supervisor, I provided therapy services at EMERGE Family Therapy and Training Clinic in Spartanburg, SC. I served individuals, couples, and families experiencing a range of clinical diagnoses and relationship challenges (<https://www.emergeftc.org>).

2016-20 The CARE LAB. Community Engagement Specialist and Practicum Supervisor

Under the direction of Dr. Ted Futris, I provide leadership in the Couple and Relationship Education (C.A.R.E.) Lab on a 5-year federally funded grant project that engaged over 1000 at-risk families in a community-based relationship education outreach program (<https://www.fcs.uga.edu/hdfs/research-care-lab-meet-the-team/>). My responsibilities include individual/group supervision of Master's and Undergraduate student interns, teaching student interns clinical documentation and case management protocols, conducting intimate partner violence (IPV) risk assessments, and overseeing the development and implementation of recruitment and research procedures. I have also collaborated on the development of relationship education curricula which has been delivered to over 700 single parents and delivered relationship education programs to couples and single parents directly ($n=8$ classes; 50+ attendees total).

2015-16 Exodus Recovery Inc., South Central, CA: Marriage and Family Therapy Trainee

Under the supervision of Rich Davis, LMFT, I provided mental health services to individual clients and groups (10 to 12 clients per week individually; 15-30 clients in group therapy) at an outpatient mental health and substance abuse treatment center. I served as an individual therapist to clients ages 18 to 65 who presented with a range of diagnoses including schizophrenia, personality disorders, bipolar disorder, major depressive disorder, anxiety disorders, and substance abuse. Treatment plans were developed and discussed with a multidisciplinary clinical team to evaluate client progress.

2015-16 Sunburst Youth Challenge Academy, Los Alamitos, CA: Youth Mentor

Under the direction of Sargent Teresa Livingston, I served as a mentor for at-risk students attending a 17-month high-school equivalent reformatory educational program housed on a military base. I assisted with educational, employment, and volunteer placement for students and maintained mentorship relationships with each student-mentee post-graduation.

2014-15 Bridges to Recovery, Beverly Hills, CA: Overnight Lead Staff Assistant

I was responsible for assisting clients at a luxury residential mental health facility for adults. Clients were diagnosed with anxiety, depression, substance abuse, eating disorders, and other mental health disorders and were treated in the inpatient setting for one month to six months on average. I provided direct client support, maintained clinical documentation, administered medications, and worked with clinical staff on daily operations.

2013 Weber State University Counseling Center, Ogden, UT: Practicum Student

Under the supervision of Dr. Craig Oreshnick and Dr. Theresa Kay, I lead weekly meditation groups (10 to 20 students per week), created guided relaxation videos, and designed an informational packet for future practicum students.

2010-13 A Center for Grieving Children, Ogden, UT: Grief Group Facilitator

I facilitated bi-weekly grief groups for children ages 3 to 16 who were grieving the death of a family member or processing a divorce in the family.

V. PUBLICATIONS

Peer Review Journal Publications

- Curtis, M., **Karlsen, A. S.**, Anderson, L. (2022). Discussions about sexual assault in the Black community: An analysis of Twitter comments following Surviving R. Kelly. *Violence Against Women*.
- Karlsen, A. S.**, Futris, T. G., & Richardson, E. W. (2020). The Dyadic Effects of Relationship Uncertainty on Relationship Maintenance and Damaging Behaviors. *Journal of Couple & Relationship Therapy*, 1-21.
- Karlsen, A. S.**, & Scott, K., (2019). Making sense of Starbucks' anti-bias training and the arrests of two African American men: A thematic analysis of Whites' social media comments. *Discourse, Context & Media*.
- Boe, J. L., Gale, J. E., **Karlsen, A. S.**, Anderson, L. A., Maxey, V. A., & Lamont, J. L. (2017). Filling in the Gaps: Listening Through Dialogue. *Contemporary Family Therapy*, 39(4), 337-344.

Peer Review Journal Publications Under Review

- Karlsen, A. S.**, Osborne, K. (revise and resubmit). Getting Away with Murder: A Critical Content Analysis of a True-Crime Docu-Series. *Critical Studies in Media Communication*.
- Karlsen, A. S.** (submitted). I Didn't Know That Happened in Our Town: White Friends' Strategic Communication About Racial Injustice. *Ethnic and Racial Studies*.

Peer Review Journal Publications in Preparation

- Karlsen, A. S.**, & Samp, J. A. (in preparation). The dyadic effects of racial attitudes, friendship quality, and emotions on willingness to discuss racism between White friends. *Communication Quarterly*.

Other Publications

- Duncan, J., Futris, T. G., Mallette, J., **Karlsen, A.**, & Shirer, K. (2018). *Together We Can: Creating a Healthy Future for our Family (Adapted)*. The University of Georgia Extension.
- Description:** Authorship on the update of the Together We Can relationship education curriculum and facilitator manual.

VI. CONFERENCE PRESENTATIONS

- Karlsen, A. S.**, Strickland, M. L., Thomas, M. E. (2021, February) *Adapting Couple and Family*

Therapy Training to Our Virtual World. Oral Presentation at the 57th Annual South Carolina Counseling Association (SCCA) Conference, Hilton Head, SC.

Karlsen, A. S., Samp, J.A. (2019, June). *I Didn't Know That Happened in Our Town: White Friends' Strategic Communication About Racial Injustice*. Oral Presentation at the 19th International Conference on Diversity, Communities & Nations, Patras, Greece.

Karlsen, A. S., (2019, February). *Making Sense of Starbucks' Anti-Bias Training and the Arrests of Two African American Men: A Thematic Analysis of Whites' Social Media Comments*. Oral Presentation at the Quint State Annual Conference, Athens, GA.

Anderson, L., **Karlsen, A. S.**, Augustine, D. A., Lewis, D. C., Walsdorf, A., (2019, February). *Cultivating connections: Bridging the gap between the community and the academy*. Panel Presentation at the Quint State Annual Conference, Athens, GA.

Karlsen, A. S., (2018, November). *Racial Socialization and Multicultural Experiences: Effects on White Views of Interracial Marriage*. Roundtable Presentation at The National Council for Family Relations (NCFR) Annual Conference, San Diego, CA.

Karlsen, A. S., (2017, November) *Couples and Relationship Education: Considerations for the Inclusion of Same Sex Couples*. Oral Presentation at the Quint State Annual Conference, Knoxville, TN.

Karlsen, A. S., Futris, T., & Duncan, J. (2017, November). *The Effects of Relationship Uncertainty on Pre-marital Education Outcomes*. Poster Presentation at The National Council for Family Relations (NCFR) Annual Conference, Orlando, FL.

Karlsen, A., Marquit, J.D., & Chapman, H. (2013, October). *Gender Differences: Views of Internet Infidelity*. Poster Presentation at the 2013 International Association for Relationship Research Mini-Conference, Louisville, KY.

VII. COMMUNITY ENGAGEMENT EXPERIENCES

2018-20 Civil Rights & Social Justice Advocate

As a volunteer for the Athens Anti-Discrimination Movement (AADM), I provided legal resources and social justice consultation services for individuals who reported experiencing or witnessing discrimination on the basis of race/ethnicity, gender, or sexual orientation. I hosted anti-bias trainings for local businesses and worked with community members to seek justice and resolutions to discrimination reports.

2013-14 Researcher and Community Data Collection Specialist

Under the supervision of Dr. Azenett Garza of the United Way of Northern Utah, I worked on the Promise Neighborhood research project which researched health, safety, and education factors leading to youth success in at-risk communities. I gathered data from hundreds of families and presented findings on local and national college attendance rates, literacy, and educational programs to encourage evidence-based program implementation at local high schools. I also conducted qualitative analyses including coding of focus group transcripts.

VIII. ACADEMIC SERVICE

- 2021 Guest Editor of *Family Focus* Special Issue: Dismantling Structural Inequality and Racism (LINK: <https://www.ncfr.org/ncfr-report/fall-2021>)
- 2018-pres. Journal of Couple & Relationship Therapy reviewer.
- 2017-18 Co-President for the Graduate Student Organization (GSO) for the Human Development and Family Science Department.
Hosted and co-lead bi-weekly meetings and organized department events and volunteer opportunities.
- 2010-14 Vice President for the Student Athlete Advisory Committee (SAAC) at Weber State University, Ogden, UT.
Hosted and lead in bi-weekly meetings, organizing and arranged community service opportunities for student athletes, and participated in fundraising and community service events for non-profit organizations and churches.
- 2012-14 Team Captain for NCAA Division I Women's Tennis at Weber State University, Ogden, UT.
Elected team captain for the Weber State University Women's Tennis Team.
- 2012 Career Athlete Intern for Weber State University Athletics Department, for Career Athletes, LLC. Assisted athletes in utilizing online resources for career placement, resume creation, and networking with potential employers.

IX. PROFESSIONAL MEMBERSHIPS

- 2016-pres American Association of Marriage and Family Therapy (AAMFT)
2014-pres. National Council on Family Relations (NCFR)
2013-pres. Psi Chi International Honors Society
2018-2021 National Association for Multicultural Education (NAME)