



Contact:
Converse Wellness Center
864.596.9258
wellnesscenter@converse.edu

SPARTANBURG, S.C. (August 22, 2022) –The Centers for Disease Control is tracking an outbreak of monkeypox that has spread across several countries that don't normally report monkeypox, including the United States.

The monkeypox virus spreads mostly through close, intimate, skin-to-skin contact with someone who has monkeypox, but can also be spread through indirect contact with objects that have been in contact with monkeypox lesions, and respiratory droplets (if a person is within 3 feet of a person with monkeypox for 6 hours or more). To learn more about signs and symptoms of monkeypox, and view photos of what the lesions look like, visit <https://www.cdc.gov/poxvirus/monkeypox/symptoms.html>

While the risk of transmission in congregate settings (such as a residential hall) is low, transmission still could occur within the setting. You can take steps to prevent getting monkeypox by:

- 1) **Avoiding close, skin-to-skin contact with people who have a rash that looks like monkeypox.** Do not touch the rash or scabs of a person with monkeypox, and do not kiss, hug, cuddle, or have sex with someone with monkeypox.
- 2) **Avoiding contact with objects and materials that a person with monkeypox has used.** This may include not sharing eating utensils or cups, or handling the bedding, towels, or clothing of a person with monkeypox.
- 3) **Washing your hands often** with soap and water or using an alcohol-based hand sanitizer especially before eating or touching your face and after using the bathroom.

For additional information, visit <https://www.cdc.gov/poxvirus/monkeypox/prevention.html>
If you believe you may have been exposed to monkeypox or are exhibiting symptoms, please call the Wellness Center at 864.596.9258.